

BOTULINUM TOXIN (BOTOX®, XEOMIN®)

Post-Treatment Instructions

Treatments take 14 days to fully work and last 3-4 months on average.

Normal reactions include a small amount of swelling at the injection site, temporary redness, bruising, tingling or headache. Initial effects are visible 2-5 days after injection with peak results at 14 days.

The guidelines to follow post treatment have been followed for years and are still employed today to prevent the possible side effects such as drooping of the eyelids and eyebrows.

- No straining, heavy lifting, vigorous exercise and sun exposure for 24 hours following treatment. Please do not apply makeup for the rest of the day. Avoid saunas, sunbeds and other extreme heat for 24 hours. It is known that it takes the toxin approximately 2 hours to bind itself to the nerve to start its work, and because we do not want to increase circulation to that area to wash away the botulinum toxin from where it was injected.
- Avoid manipulation of area for 3-4 hours following treatment for the same reasons listed above. This includes not doing a facial, peel, or microdermabrasion after treatment with Botulinum toxin. Avoid pressure and use gentle strokes away from the eyes when washing or applying moisturizer.
- Facial exercises in the injected areas are recommended for 1-hour following treatment. This is to stimulate the binding of the toxin only to the localized area.
- It can take 2-10 days to take full effect. It is recommended that the patient contact the office no later than 2 weeks after treatment if desired effect was not achieved and no sooner to give the toxin time to work.
- Your tox should last 3-4 months. If you find it has worn off earlier please inform us at your next visit. We do not want to inject less than 90 days between doses or you may develop resistance to the neurotoxin effects, we will adjust your dose at your next appointment. Dose=Duration

****If you have post-treatment concerns
please call or text 605-857-3449****

